

Expanding Your Bandwidth

1. We are not our brain/mind. We are much more.
2. There is life beyond rational thinking.
3. Laughter, art, and watching a sunset - are irrational.
4. The rational mind is all doing.
5. We are human "beings" not "doings".
6. Our being involves our emotions and body.
7. Our being involves our purpose and blank space.
8. We can not out-DO what we are BEING.
9. Creativity & peak performance is BEING + DOING
10. Our biological intelligence > our rational intelligence.
11. Intuition is a powerful gift.



SUMIT GUPTA

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