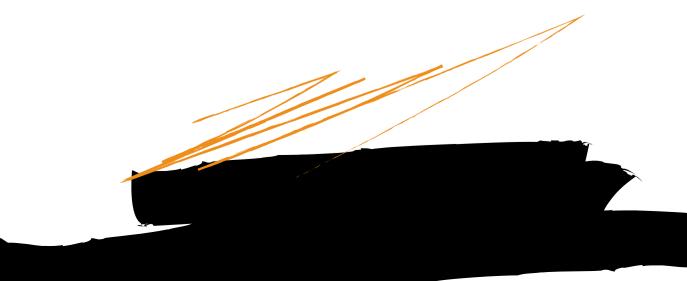
## SUMIT GUPTA

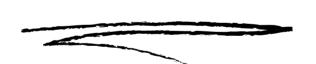
Leadership Coach





### About Me

Helping you see your own power



#### What Is "On Hold" In Your Life?

What looks impossible right now, but deep down, it is what you really desire?

The toughest story to tell is your own. As an introvert, I have spent a lifetime staying invisible and letting others around me shine.

As so often in life, my gift comes from my pain. I am gifted at helping people see their power because I spent so much of my life hiding my own.

People come to me feeling confused and stuck, and leave feeling empowered, relaxed, and ready to take on that dream which had been "on hold" for far too long.

# I help people realise how powerful they are

### Year-Long Coaching Program

## Leadership doesn't have to be lonely and scary

Make your emotions work for you, rather than against you. Let them guide you to a life of meaning and expansion.

## Use the energy in conflicts productively

Communicate to create strong relationships based on trust and influence. Create the space for miracles to happen.

### Create a future of choice and power

Get out of drift and play big games in life. Build habits and practices for long-term joy, success, and fulfillment.

## Why a Year Long?

#### **Sustainable and Long-Term Results**

I have found that it takes at least a year of coaching for results to be sustainable over the long-term. Many coachees continue coaching with me even after the first year, as learning, reflection, and growth never stops.

#### **Lead Through Change**

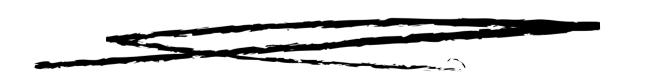
Today's world is ever more complex and chaotic. Coaching will not only help you produce different results. You will also shift your experience of who you are and how you see the world.

#### **Give Space for Miracles**

Space is where miracles occur. In this year of coaching, you will play big, and yet stop to rest, reflect, and learn. We will create space for miracles to happen.



# HOW CAN COACHING HELP YOU?



#### Find Out What Really Matters

Figure out who you are, and what do you really care about? Expand your self-awareness by grounding yourself in the wisdom of your body.

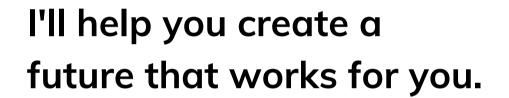
#### **Create A Life Of Choice**

Express yourself authentically under all situations. Build the ability to Deploy Yourself in life, irrespective of the circumstances or consequences.

#### Re-Invent Yourself - Again & Again

Achieve what you always knew you were meant to do. Or get past barriers which are stopping you moving ahead.

# How I Coach and Work With You?



Don't just slide towards the default future waiting for you. Create one with choice. ambition, and meaning.

I'll introduce you to powerful habits and practices.

Build strong leadership habits and practices to support not just yourself, but also your teams and those around you.

I'll help you achieve success beyond success

Create a life of joy, aliveness, gratitude, and satisfaction.
And not just being busy with meaningless activity.

**format**: weekly or biweekly sessions based on your comfort

**support** : unlimited support via email and whatsapp along the way

investment: personalised to your needs (in the range of USD 10-25k)

# My promise to you

#### I promise to serve you and not please you.

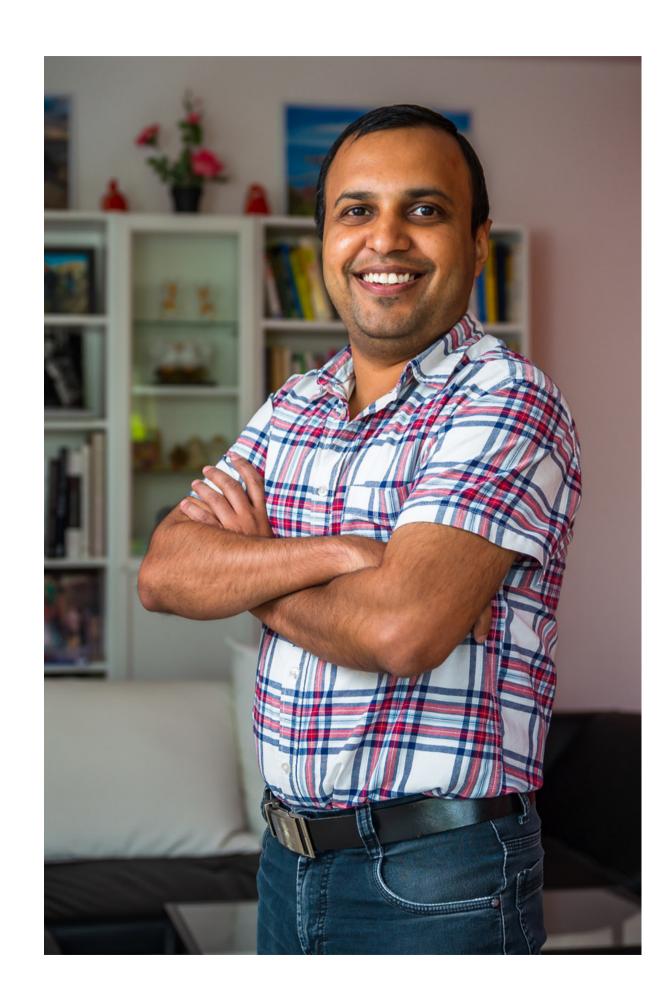
This means I will tell you what nobody else in your life would be willing to. I will share my honest feedback even if sharing that makes me uncomfortable.

#### I promise to see the superhero in you.

I will not pay attention to your stories, reasons, and limiting beliefs. I will speak to the person who you truly are.

#### I promise to hold nothing back.

And I expect you to do the same. We will talk about your deepest fears and insecurities. I will help you see your own light and design a life of purpose and impact - and not just busyness and hustle.



# Aside from being a coach, l'm also a...

#### **Husband & Father**

I live in Amsterdam with my wife and my soon-to-be 2 years old son.

#### **Photographer**

I am also a travel and street photographer. I love spending photographing our cities, and the dynamic life to be found on city streets.

#### **Avid Reader & Writer**

Books are my best friends. I am never "not reading" a book, or reflecting and writing about my experiences.





At first, I had short-term motivation boosts per session, later I found I could sometimes talk myself into one.

Sumit asked bigger picture questions, forcing me to think more long-term than I was used to.

I felt I could trust Sumit, and freely speak about my emotions and the choices I have. "

I liked Sumit's way of questioning. Sometimes it was not clear to me what the problem really was.

I started a stretch project, wrote down my promises to myself, and started journaling as a result. This helped me get back on track myself when I felt lost. We also role-played different scenarios, which was very helpful.

I was quite stressed and at my lowest in confidence at work. Coaching with Sumit helped me introspect to identify what I want to improve or change, giving me clarity and helped me formulate a better approach to identify my next challenge.

It also helped me identify my strengths and what I did well and hence re-instated my confidence in myself.

DANIEL RODRIGUEZ - TEAM LEAD NIDHI KUMRA - DATA SCIENTIST The whole process felt like having a supportive friend who's taking extra time to help me understand what makes me happy and motivated.

Which was exactly what I needed at that point in my life. I became more confident, more social, started making more friends, and getting recognition for my work."

CAGDAS TEKIN - SOFTWARE DEVELOPER

After one year of coaching with Sumit, I feel that I'm able to better identify not only my priorities and my professional goals but also my personal objectives.

Throughout his coaching, I got to realise more of my potential, believe in my own strengths, and define the path to a successful outcome.

FOTEINI ZIOGA - UX DESIGNER You made me think about how I can develop myself as an individual and find an opportunity to do that in an organization.

I learned to remember to be proud of my origin, which are my core potentials, and not to forget to inspire others.

It's a sort of unstoppable energy source which could never get dry.

VLADIMIR NEĆAKOV
- ARCHITECT

- "Come to the edge," he said.
- "We can't, we're afraid!" they responded.
- "Come to the edge," he said.
- "We can't, We will fall!" they responded.
- "Come to the edge," he said.
- And so they came.
- And he pushed them.
- And they flew."
- Guillaume Apollinaire



# Get in touch with me

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